## Reading Actively - Get More from Your Reading Time

Assuming an hour long reading session, spend 1-5 minutes each in the 3 sections Survey the Title; Know; Want. Then spend the bulk of the session reading and answering your questions.

| Survey the Title, Headings, Sub-Headings, Bold words, Graphs, Pictures, Diagrams What do l expect to learn from this reading? |  |  |
| :---: | :---: | :---: |
| Know | Want | Learned |
| What do I know about this subject? | What do I want/need to learn as I read? Putting these in the form of questions helps focus my attention. | At the end of your reading session, write a summary (bullet points are okay). What did I learn? What do I need to study further? |

