An aerial photograph of the Utah State University campus, showing various buildings, green lawns, and trees. In the background, there are large, rugged mountains under a blue sky with some clouds. The lighting suggests it's either early morning or late afternoon, with a warm glow on the buildings and mountains.

Aggie Parent & Family Orientation

Find a seat and get to know your fellow Aggie parent & families!



UtahStateUniversity

We often think life looks like this...



But it is actually more like this...



Attributes Employers Seek on a Candidate's Resume

National Association of Colleges and Employers

ATTRIBUTE	PERCENT OF RESPONDENTS
Ability to work in a team	81.0%
Problem-solving skills	79.0%
Analytical/quantitative skills	76.1%
Communication skills (verbal)	73.2%
Communication skills (written)	72.7%
Initiative	67.8%
Leadership	67.8%
Technical skills	67.8%
Flexibility/adaptability	65.9%
Strong work ethic	65.4%



Source: Job Outlook 2021 Spring Update, National Association of Colleges and Employers

Find Your Support Team





Sierra Law
435-797-7557
sierra.law@usu.edu
usu.edu/parents

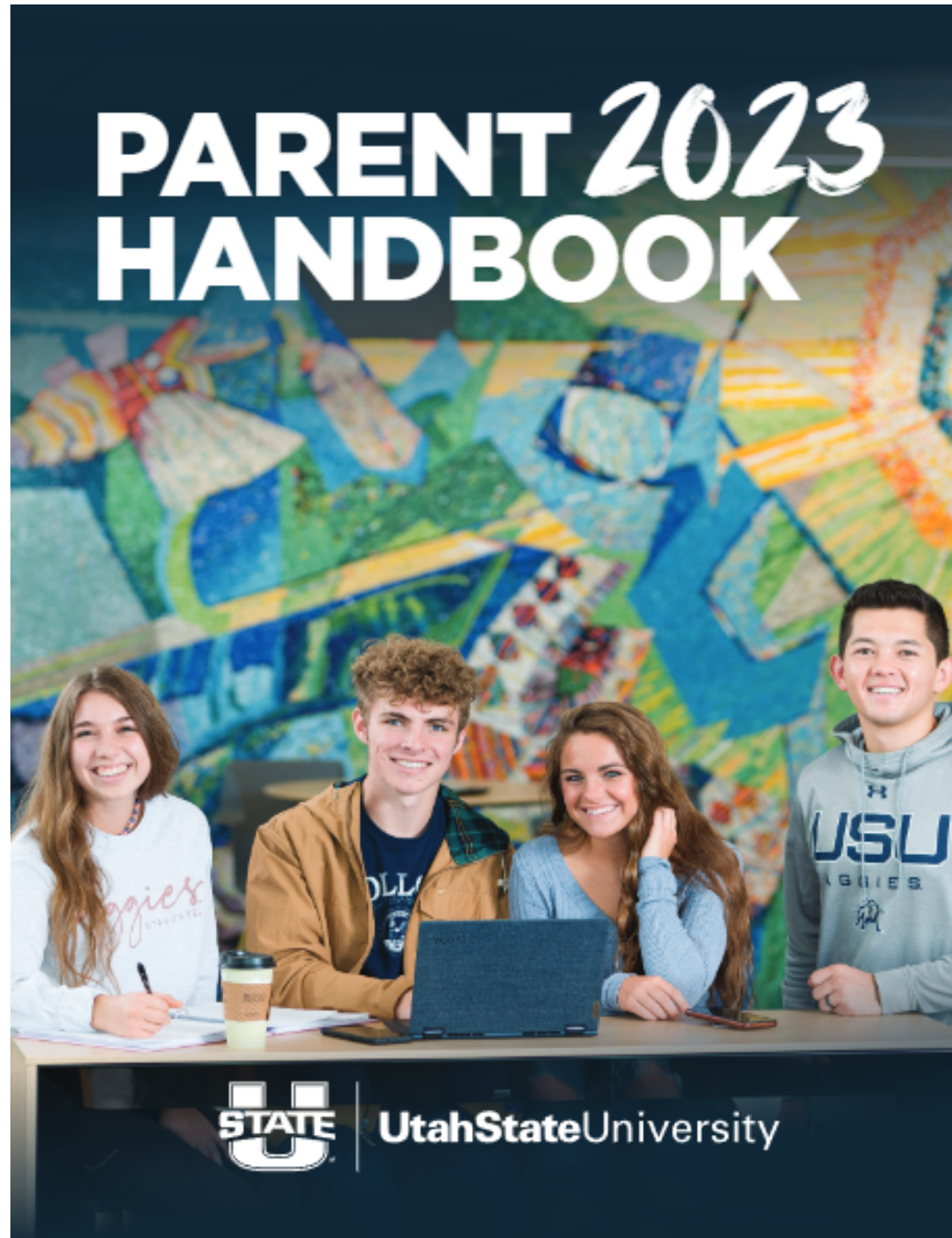
**Student Orientation
& Transition
Services (SOTS)**
TSC 105



Schedule

10:00a	Welcome
10:20a	Parent Introduction
10:30a	USU ABLE
10:45a	Career Design Center
11:00a	USU Office of Equity
11:20a	Student Financial Support
11:40a	USU Campus Police
12:00p	Lunch
12:45p	Parent Panel
1:35p	Health and Wellness
1:50p	USU Library
2:05p	USU Dining
2:25p	Aggie Family Wrap Up
2:45p	Closing Meeting with Everyone





Financial
Academics
Social



Student Inclusion is Our Priority (p 19)

Inclusion Center: TSC 315

Clubs:

- Asian Student Association
- Black Student Union
- Disabled and Neurodiverse Aggies
- Native American Student Council
- Pasifika Student Union
- Queer Student Alliance
- Women & Gender Issues Society

Division of Diversity, Equity, & Inclusion (DEI)

- DEI newsletter





Disability Resource Center (pg 20)

University Inn 101

- Lots of accommodations: extended time on tests, reduced distraction testing rooms, note takers, ASL interpreting, housing, etc.
- Helps students get tested for different disabilities

Campus Recreation & Outdoor Programs (pg 22)

Campus Recreation

- ARC, Fieldhouse, HPER
- Aquatics
- Fitness & wellness
- Club sports
- Intramurals
- Nutrition
- Esports

Outdoor Programs (OP)

- Gear rentals
- Guided trips



Getting Involved (pg 24)

- Student clubs
- Elected positions
- Greek life
- The Hurd
- Events committees
- Student Media
- And more!

Aggie Blue Leadership
Conference



Every Aggie Belongs Here

Office of Academic Belonging
& Learning Excellence





Why Academic Belonging?

A student's sense of academic belonging is critical to their success in college.

This sense of belonging occurs when a student experiences:

- Confidence in their capabilities
- Confidence in their program selection
- Confidence in their learning community
- Confidence in their efforts

Top 3 Takeaways

to help students find academic belonging at USU

1

WHY
is academic belonging important to student success?

2

WHAT
behaviors lead to student success?

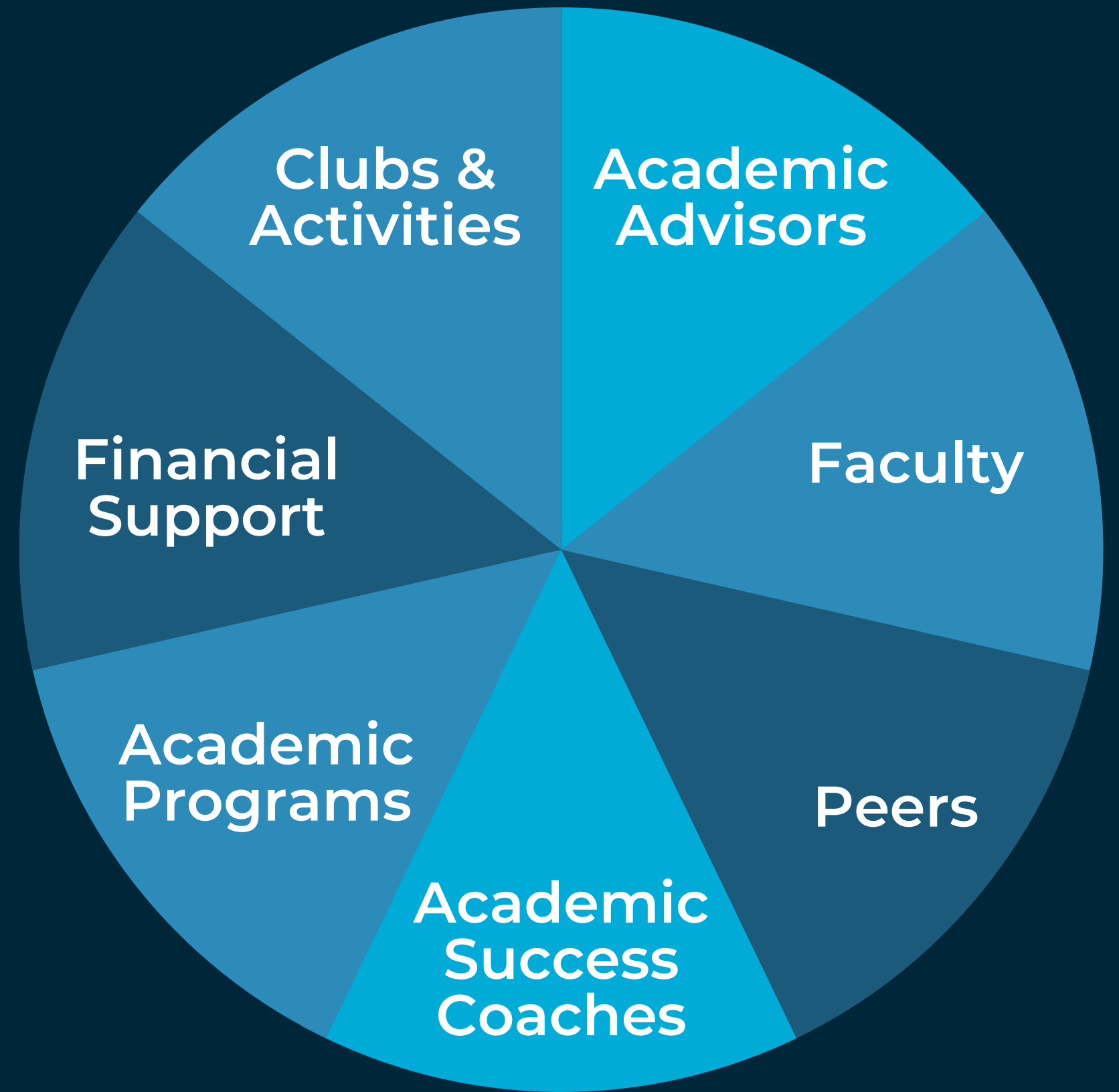
3

HOW
can we be collaborative partners in supporting student success?

Building a Learning Community

Students who form a learning community increase their sense of academic belonging, are more resilient and are more successful.

They also report *enjoying* their experience more and are more likely to complete in a timely manner.



What Successful Aggies Actively Do in College:

- **Register for USU 1010 and other USU Habits of Mind courses**
- **Meet with an academic advisor before Halloween and St. Patrick's Day**
- **Find mentors and continue to build their success network**
- **Complete breadth education requirements early on (ENGL 1010 + 2010)**
- **Participate in Supplemental Instruction and tutoring sessions**
- **Get involved on-campus, including working in and on-campus position**

Academic Belonging & Learning Excellence Programs

- Aggie First Scholars
- TRIO Student Support Services
- Supplemental Instruction
- Academic Success Coaching

See the Aggie Resource Finder at:
[usu.edu/academic-support/
academic-resource-finder](https://usu.edu/academic-support/academic-resource-finder)

Career Design Center

We empower all students to design their career paths through university-wide career education, employer engagement, access to experiential learning, and post-graduation opportunities.

University Inn, 102
435-797-7777

usu.edu/career-design-center
Page 25 of the Parent Handbook

How Can You Help Your Student Be Successful & What Resources Should I Take Advantage Of?

- On-campus employment
- Career series courses
- Career tutorials for students

Career Design Center

Go to MyUSU Portal
my.usu.edu

- Use A# to login
- Either search "Career Design Center" or
- Go to Pages > View All > Career Design Center

The screenshot shows the MyUSU Portal interface. On the left is a dark blue navigation sidebar with the Utah State University logo and a search bar containing "usu career design center". The sidebar lists various categories: Common Tools, Academic Records, Campus Resources, Registration & Classes, Finances, Instructors, USU Profile and ID, and Campus Safety. Below these is a "Pages" section with a "View all" button highlighted in yellow. The main content area is titled "All Pages" and features a search bar. Under the "Academic Support" category, several pages are listed, with the "Career Design Center" page highlighted in yellow. The "Career Design Center" page description reads: "The Utah State University Career Design Center is dedicated to supporting you as you design the career and life you have always wanted." Below the list of pages is a "Load More..." button. Other categories visible include Health & Wellness, Financial Resources, Campus Life, and Teaching Resources.

Work Study & On-Campus Jobs

Job Tab

- Use filters such as On-Campus Jobs

Events Tab

- Career fairs & networking opportunities

The screenshot shows a job search interface with a sidebar on the left containing tabs for 'Jobs' and 'Events', and a main content area. The 'Jobs' tab is highlighted in yellow. The main content area features a search bar and a filter bar with options like 'Location', 'On-site/remote', 'Full-time job', 'Internship', and 'Part-time', all highlighted in yellow. Below the search bar, there are three job listings. The first listing is for a 'Teaching Assistant (TA), ENGR 3080 (Multiple Positions)' at USU College of Engineering, Logan, UT. The second listing is for a 'Foster Family Consultant' at Catholic Community Services of... in South Salt Lake, UT. The third listing is for a 'Student Success Mentor' at USU College of Engineering, Logan, UT. The details for the first listing are expanded on the right, showing the role title, employer, and application information.

Jobs

Events

Employers

Inbox

Career center

Search Saved

Search

Location On-site/remote Full-time job Internship Part-time

All filters

20.7K jobs found | Relevance

Part-time · On-campus

Teaching Assistant (TA), ENGR 3080 (Multiple Positions)

USU College of Engineering
Remote · Logan, UT

Full-time · Job

Foster Family Consultant

Catholic Community Services of...
Remote · South Salt Lake, UT

Brittany Moulton
Human Resources Manager

Part-time · On-campus

Student Success Mentor

Part-Time · On Campus Student Employment

Teaching Assistant (TA), ENGR 3080 (Multiple Positions)

USU College of Engineering
Remote · Logan, UT

About the role

Application deadline	Posted date	Estimated pay
August 30, 2023 12:00 PM	April 27, 2023	\$12.00 per hour

Location type
Remote

Apply

Career Design Center

USU 1400: Exploring Majors & Careers - recommended for freshmen and sophomores

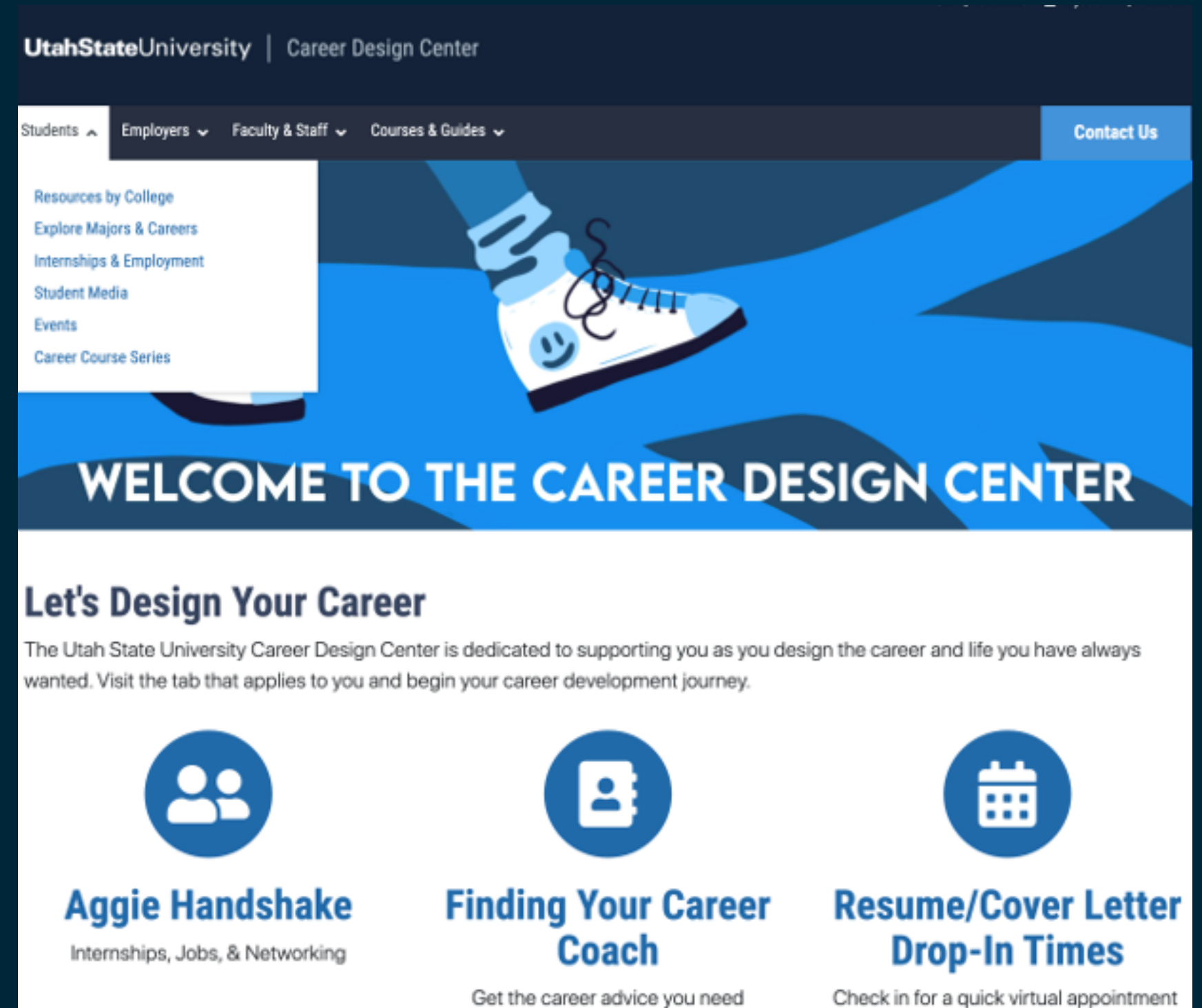
USU 2400: Finding and Preparing for Internships and Experiential Learning - recommended for sophomores and juniors

USU 3400: Launch Your Career - recommended for juniors and seniors

The screenshot shows the Utah State University Career Design Center website. The header includes the university name and a navigation menu with options for Students, Employers, Faculty & Staff, Courses & Guides, and Contact Us. A dropdown menu for Students is open, listing Resources by College, Explore Majors & Careers, Internships & Employment, Student Media, Events, and Career Course Series. The main banner features a blue background with a white sneaker and the text 'WELCOME TO THE CAREER DESIGN CENTER'. Below the banner, a section titled 'Let's Design Your Career' provides a brief introduction and three main service areas: Aggie Handshake (Internships, Jobs, & Networking), Finding Your Career Coach (Get the career advice you need), and Resume/Cover Letter Drop-In Times (Check in for a quick virtual appointment).

Self-paced modules to:

- Explore majors and careers
- Learn how to write resumes/cover letters
- Learn effective interviewing skills
- Navigate the job search (on-campus, around the valley, internships, full-time, etc.)
- Understand how to network



UtahStateUniversity | Career Design Center


Students ▾ Employers ▾ Faculty & Staff ▾ Courses & Guides ▾ Contact Us

Resources by College
Explore Majors & Careers
Internships & Employment
Student Media
Events
Career Course Series

WELCOME TO THE CAREER DESIGN CENTER


Let's Design Your Career

The Utah State University Career Design Center is dedicated to supporting you as you design the career and life you have always wanted. Visit the tab that applies to you and begin your career development journey.




Aggie Handshake

Internships, Jobs, & Networking



Finding Your Career Coach

Get the career advice you need



Resume/Cover Letter Drop-In Times

Check in for a quick virtual appointment

Career Design Center Questions?

We empower all students to design their career paths through university-wide career education, employer engagement, access to experiential learning, and post-graduation opportunities.

University Inn, 102
435-797-7777

usu.edu/career-design-center
Page 25 of the Parent Handbook

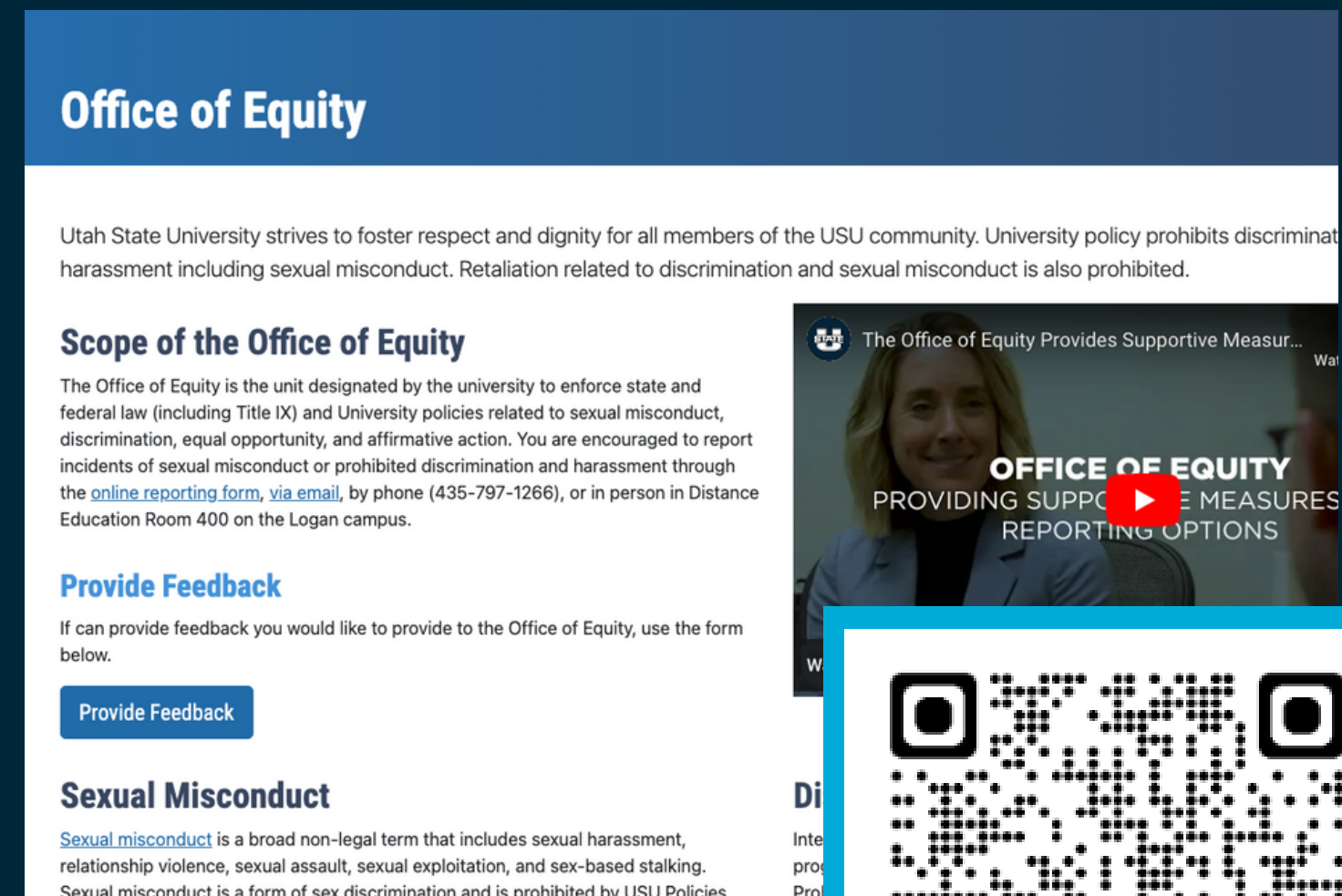
The Office of Equity

(435) 797-1266
equity.usu.edu
Distance Education, Rm 400



Office of Equity Responsibilities

- Oversight and Compliance
 - Equal Opportunity (EO) laws and policies
 - Non-discrimination laws and policies
 - Title IX
 - Affirmative Action requirements
- Grievance process
- Supportive measures
- Education and training
- Resource connections



Office of Equity

Utah State University strives to foster respect and dignity for all members of the USU community. University policy prohibits discrimination and harassment including sexual misconduct. Retaliation related to discrimination and sexual misconduct is also prohibited.

Scope of the Office of Equity

The Office of Equity is the unit designated by the university to enforce state and federal law (including Title IX) and University policies related to sexual misconduct, discrimination, equal opportunity, and affirmative action. You are encouraged to report incidents of sexual misconduct or prohibited discrimination and harassment through the [online reporting form](#), [via email](#), by phone (435-797-1266), or in person in Distance Education Room 400 on the Logan campus.

Provide Feedback

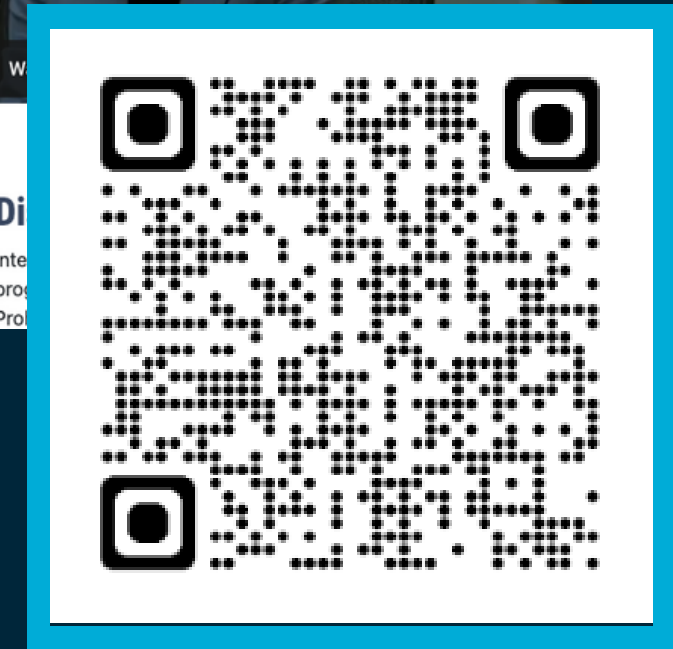
If you can provide feedback you would like to provide to the Office of Equity, use the form below.

[Provide Feedback](#)

Sexual Misconduct

[Sexual misconduct](#) is a broad non-legal term that includes sexual harassment, relationship violence, sexual assault, sexual exploitation, and sex-based stalking. Sexual misconduct is a form of sex discrimination and is prohibited by USU Policies.

The Office of Equity Provides Supportive Measures...
OFFICE OF EQUITY
PROVIDING SUPPORTIVE MEASURES
REPORTING OPTIONS



Meet the Director and Support Staff



Matt Pinner, JD
Executive
Director of the
Office of Equity
and Interim Title
IX Coordinator

435-797-1266
matthew.pinner
@usu.edu

Jacqui Anderson
Data Analyst

435-797-1266
jacqui.anderson
@usu.edu

Jona Oduilio
Case Coordinator

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@usu.edu

Lilia Sanchez
Case Coordinator

435-797-1266
lilia.sanchez
@usu.edu

Amanda Castillo
Staff Assistant

435-797-1266
amanda.castillo
@usu.edu

Service 1: Supportive Measures

Meet the Supportive Measures Specialistst

Logan, Blanding, and Statewide Campuses



Katie Freeman
435-797-1266
katie.freeman@usu.edu



Emma Walford
435-613-5023
emma.walford@usu.edu



Anna Voorhees
435-797-1266
anna.voorhees@usu.edu

What are Supportive Measures?

Purpose of supportive measures:

- Allow individuals impacted by sexual misconduct or discrimination to have continued access to educational or employment opportunities
- Address the safety and well-being of the individuals involved

Examples:

- Academic: extensions, excuse absences
- Employment: excuse absences, reassign shifts
- Financial: maintain FAFSA funding, refunds
- Housing or parking: reassign locations
- Safety: mutual no-contact orders

Who Can Access Supportive Measures?

- USU students, faculty, and staff who have either:
 - Experienced sexual misconduct or discrimination
 - Are involved in a sexual misconduct or discrimination process
- Supportive measures are available whether or not the individual is participating in the grievance process
- Requested by contacting the Office of Equity
 - Scheduled at usu.edu/equity/supportive-measures

Service 2: Grievance Process

USU Interim Title IX Coordinator

Matt Pinner, JD (he/him/his)

- 435-797-1266
- titleix@usu.edu
- Distance Education 401,
Logan

Ensures compliances with Title IX regulations

- Oversees Title IX grievance process
- Oversees supportive measures



Meet the Investigators



Kristen Beck, JD
435-797-1266
kristen.beck
@usu.edu



Jen Damelio, JD
435-797-1266
jennifer.damelio
@usu.edu



Steven Rammell, JD
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steve.rammell
@usu.edu

Dan Biddulph, JD
435-797-1266
daniel.biddulph
@usu.edu

Austin Weenig, JD
austin.weenig
@usu.edu

Office of Equity Grievance Process

- The Office of Equity grievance process for sexual misconduct and discrimination reports is an administrative process, which is different than a criminal process
- It includes alternative resolutions, formal investigations, and university-driven investigations

Service 3: Education & Training

Meet the Prevention Team



Emmalee Fishburn
Senior Prevention
Specialist

435-797-0346
emmalee.fishburn
@usu.edu



Tanisha Barker
Employee-Focused
Prevention Specialist

435-797-1027
tanisha.barker
@usu.edu



Chelsea Werner
Student-Focused
Prevention Specialist

435-797-1207
chelsea.werner
@usu.edu



Kayla Atcitty
Blanding Campus
Prevention Specialist

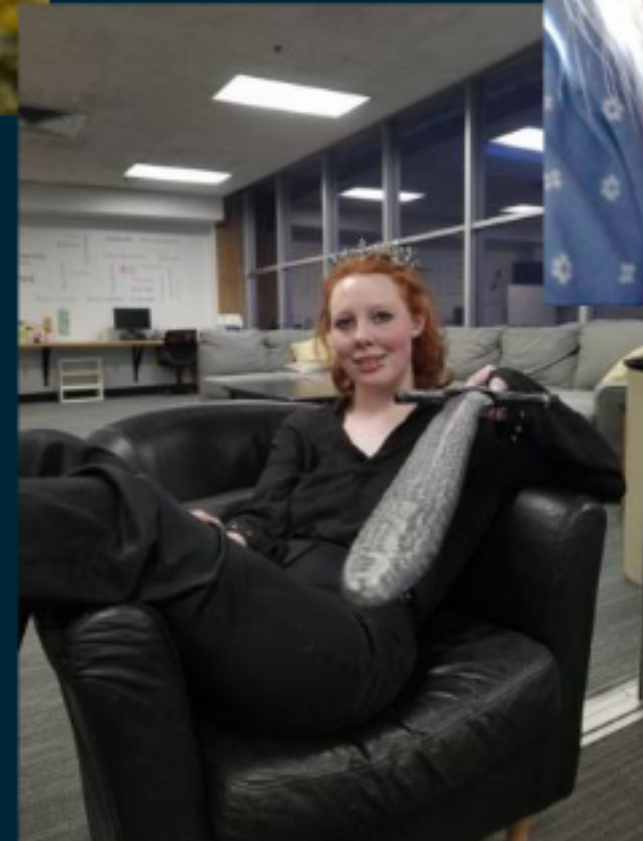
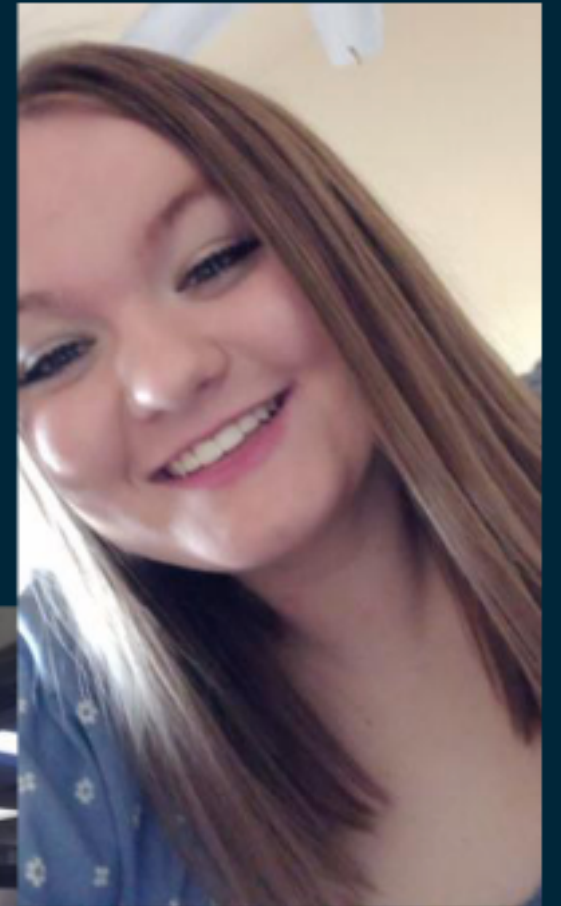
435-797-8524
kayla.atcitty
@usu.edu



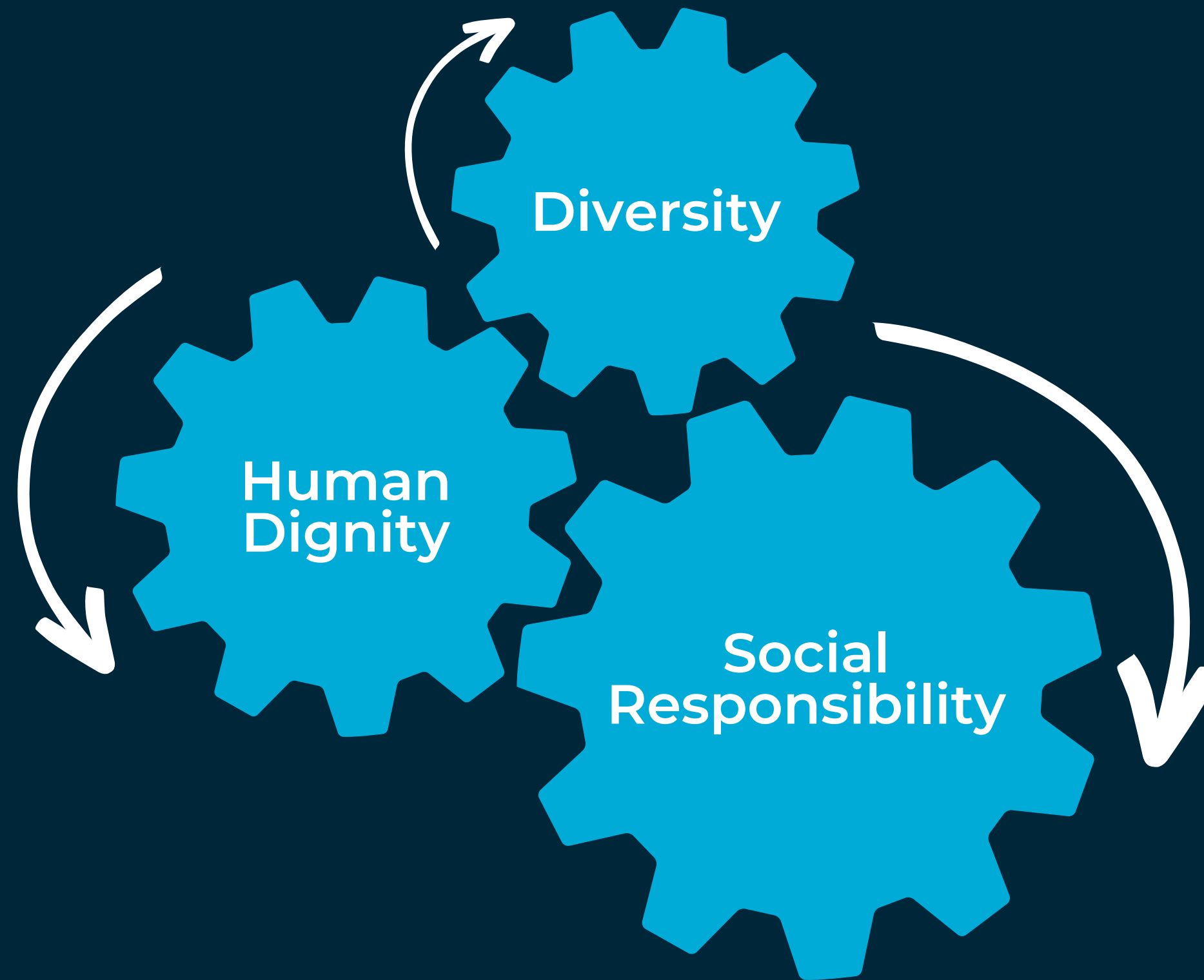
Emma Walford
Eastern Campus
Prevention Specialist

435-613-5023
emma.walford
@usu.edu

Office of Equity Peer Educators



Office of Equity Peer Educators



Training for Students and Employees

- All degree-seeking students taking 6 credit hours or more are required to participate in an annual sexual misconduct training
 - In-depth during first year
 - Refresher courses during next years
- All full-time employees are required to participate in an annual sexual misconduct training about responding to disclosures
- Education for student and employee respondents
- Additional trainings by request

Incoming Student "Live" Training Content

Healthy Relationships

Consent and
communication

USU Policies and Procedures

Sex-based
discrimination
and sexual
misconduct
definitions

Bystander Intervention and Resources

On and off
campus support
and reporting

Email the Office of Equity:
titleix@usu.edu

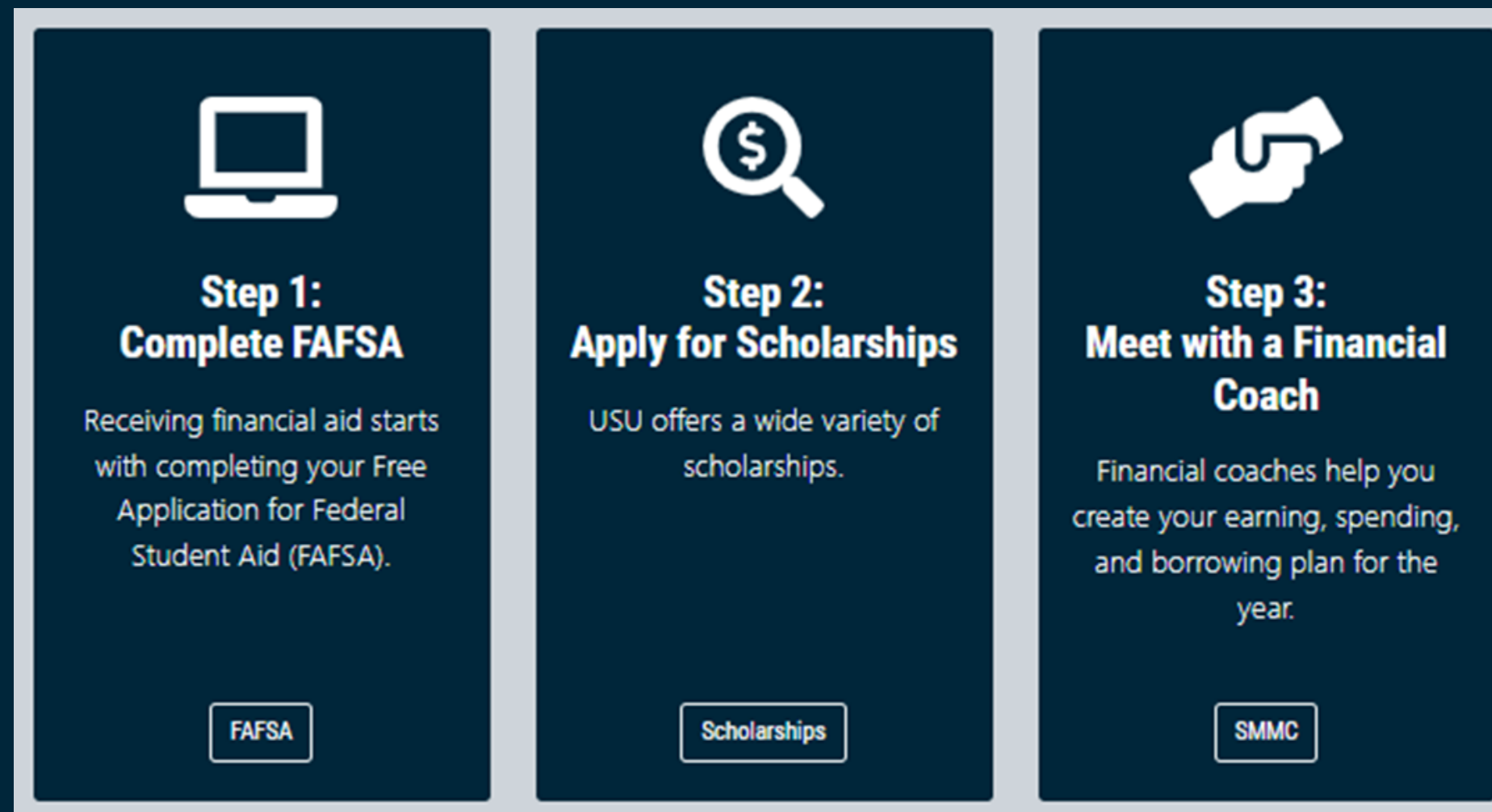
Email the Prevention Team:
prevention@usu.edu

Student Financial Support

(435) 797-0173
usu.edu/financial-support
TSC 106



We Help Students Identify Ways to Pay for College:



Students who complete these 3 steps will access all funds available to them!

usu.edu/financial-support

Step 1: FAFSA 101

Free Application for Federal Student Aid

- Determines if a student is eligible for Grants, Work-Study, or Loans

Apply and receive help applying at usu.edu/financial-support

- Each student has a Financial Aid Counselor assigned

Apply *now* for the 23-24 academic year

- FAFSA needs to be submitted each year. Start early - some funds are limited
 - Appeals for change in circumstances (student or parent income loss, marriage, etc)

More than just federal aid!

- Backup resource in the event of a financial emergency
- Increases the number of scholarship matches
- Expands on-campus job opportunities (work-study)

Step 2: Apply for Scholarships

USU general scholarship application matches students to scholarships they may be eligible for.

Institutional scholarships (available to USU students only)

- Application dates vary, but traditionally open between November and January for the following academic year

Private scholarships (available to anyone that meets the eligibility criteria)

- Applications are available *year-round*. Your student can start applying for these scholarships *today!*

Step 2: Your Student's Scholarship Dashboard

The dashboard features a left-hand navigation menu with icons for Dashboard, Questions, Scholarships, Applications, Awards, My Docs, and Feedback. The main content area is divided into several sections:

- Dashboard Header:** A grey banner with a person icon and the text: "You still have outstanding questions that may qualify you for more opportunities! Click here to continue answering more matching questions." A blue arrow points to this banner from the right.
- Big Blue:** A circular logo featuring a bull mascot with "AGGIES" written below it.
- Scholarship Opportunities:** A box titled "ScholarshipUniverse" containing the text "1883 Open & Future Scholarships".
- Your Universe:** A funnel-shaped graphic showing "Open & Future Matches 97 Scholarships" at the top and "Applied 1 Scholarships" at the bottom.
- Qualification Summary:** Three boxes on the left: "School Scholarships You Qualify For" with a building icon and the number "2"; "Outside Scholarships You Qualify For" with a globe icon and the number "95"; and "Big Blue" with the bull mascot icon.
- Actions Required:** A section titled "Actions Required" with a sub-header "Action Items". It includes two dropdown menus: "All Types" and "Next Two Weeks". Below these are three rows of scholarship alerts, each with a "Take Action" button: "Matched Scholarships Expiring" (15 Scholarships, Deadline: Tomorrow), "Application Approaching Deadline" (Blanding: Certificate of Indian Blood/Tribal Affiliation, Deadline: Tomorrow), and "Application Status Required" (The Louise Tumarkin Zazove Foundation Scholarship, Deadline: 5/27/2022). A blue arrow points to the "Take Action" button in the second row from the right.

Step 2: Profile Questions Match Students to Scholarships

Dashboard

Questions

Scholarships

Applications

Awards

My Docs

Feedback

Tell Us About Yourself

Matches **97**

Please update or confirm the following question(s).

USU Additional Departmental Questions

How many hours per week do you work?

N/A

Did you or will you graduate from a small rural high school?

Yes
 No
 N/A

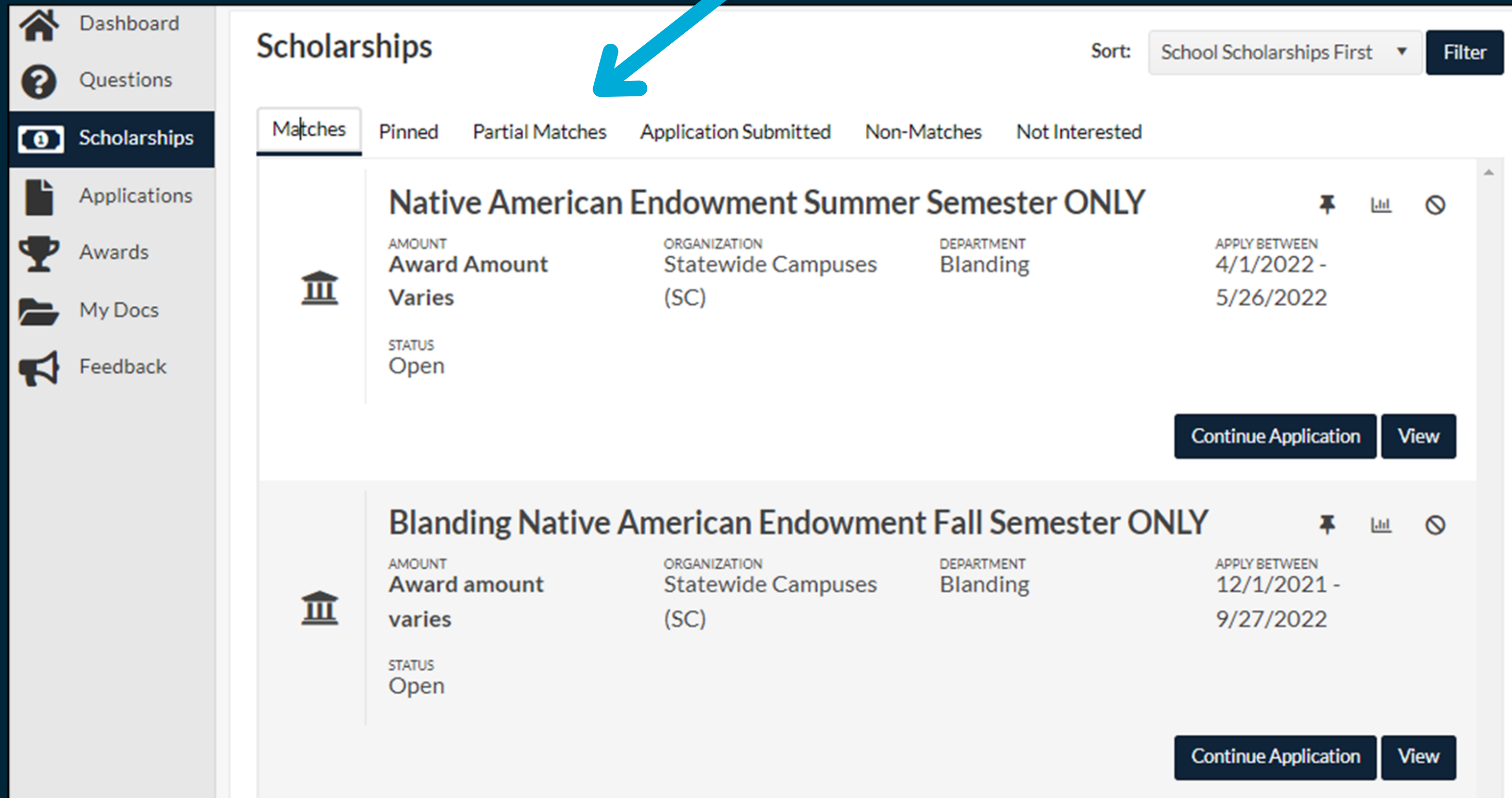
Do you have an interest in dairy science?

N/A

Do you intend to be enrolled in an undergraduate or graduate degree program that will allow you to become a licensed professional in a Utah public school? This may include teachers, special education teachers, speech or language pathologists, school psychologists, or other licensed professionals who provide services to students with disabilities.

N/A

Step 2: Partial Matches = Profile Questions Need Answers



The screenshot shows a web interface for managing scholarships. A blue arrow points from the title 'Step 2: Partial Matches = Profile Questions Need Answers' to the 'Partial Matches' tab in the 'Scholarships' section. The interface includes a sidebar with navigation options: Dashboard, Questions, Scholarships (selected), Applications, Awards, My Docs, and Feedback. The main content area is titled 'Scholarships' and features a 'Sort: School Scholarships First' dropdown and a 'Filter' button. Below the title are tabs for 'Matches', 'Pinned', 'Partial Matches', 'Application Submitted', 'Non-Matches', and 'Not Interested'. Two scholarship listings are visible, both with a 'Continue Application' and 'View' button.

AMOUNT	ORGANIZATION	DEPARTMENT	APPLY BETWEEN
Award Amount Varies	Statewide Campuses (SC)	Blanding	4/1/2022 - 5/26/2022
Award amount varies	Statewide Campuses (SC)	Blanding	12/1/2021 - 9/27/2022

Our Scholarship Advice

Review & update scholarship profile questions every year

A submitted FAFSA application is a requirement for many scholarships

Dedicate 1-2 hours each week to apply for newly posted scholarships

Have prewritten essays that can be customized to answer scholarship application questions

**USU Writing Center
(usu.edu/writing)**

Accept awards by acceptance deadline!

Step 3: Meet with a Financial Coach




Coaches help students list any federal aid or scholarships they have received, along with any savings or job money they have





Using this information, coaches help students create a budget and plan so they can afford to go to school





They also help brainstorm ways to increase income and reduce expenses

 Utah State University			June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024	Apr 2024	May 2024
Single ▾	Current funds:	\$3,500	\$3,500	\$4,175	\$5,109	\$296	\$459	\$497	\$511	-\$4,889	-\$4,876	-\$4,837	-\$5,074	-\$5,036
Inflow	Job 1 hourly wage	\$8.00	\$1,150	\$1,437	\$1,150	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
	Job 2 hourly wage:	\$9.00	\$0	\$0	\$0	\$831	\$665	\$665	\$831	\$665	\$665	\$831	\$665	\$0
	Student Loans			\$2,722					\$2,722					
Category	Total Inflow		\$1,150	\$1,437	\$3,872	\$831	\$665	\$665	\$3,553	\$665	\$665	\$831	\$665	\$0
Giving	Charitable donations Yes ▾		\$115	\$144	\$115	\$83	\$66	\$66	\$83	\$66	\$66	\$83	\$66	\$0
Living	On campus Meal Plan				\$1,400				\$1,400					
Living	Groceries and Household Supplies					\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Living	Housing (rent or mortgage)				\$2,210				\$2,210					
Living	Car insurance				\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Living	Gasoline & Parking		\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	
Living	Haircuts and Beauty care		\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	
Investing	Tuition, Fees, & Textbooks				\$4,500				\$4,500					
Entertainment	Subscriptions & memberships		\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	
Entertainment	Gifts, Birthdays, Christmas					\$25		\$25	\$200	\$25		\$25		
Entertainment	Vacations / trips / spring break											\$400		
Entertainment	Clothing (including shoes)		\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Entertainment	Eating Out		\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	
Entertainment	Coffee, Soda, Snacks		\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	
Entertainment	Fun (dates, games, hobbies, crafts)		\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	
	Total Outflow		\$475	\$504	\$8,685	\$668	\$626	\$651	\$8,953	\$651	\$626	\$1,068	\$626	\$0
	End of Month balance		\$4,175	\$5,109	\$296	\$459	\$497	\$511	-\$4,889	-\$4,876	-\$4,837	-\$5,074	-\$5,036	-\$5,036

 Utah State University			June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024	Apr 2024	May 2024
Single ▾	Current funds:	\$3,500	\$3,500	\$4,838	\$6,600	\$2,450	\$2,862	\$3,100	\$3,313	-\$1,838	-\$1,625	-\$1,387	-\$1,374	-\$1,136
Inflow	Job 1 hourly wage	\$14.00	\$1,886	\$2,358	\$1,886	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
	Job 2 hourly wage:	\$12.00	\$0	\$0	\$0	\$1,108	\$887	\$887	\$1,108	\$887	\$887	\$1,108	\$887	\$0
	Student Loans			\$2,722					\$2,722					
Category	Total Inflow		\$1,886	\$2,358	\$4,608	\$1,108	\$887	\$887	\$3,830	\$887	\$887	\$1,108	\$887	\$0
Giving	Charitable donations Yes ▾		\$189	\$236	\$189	\$111	\$89	\$89	\$111	\$89	\$89	\$111	\$89	\$0
Living	On campus Meal Plan				\$1,400				\$1,400					
Living	Groceries and Household Supplies					\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Living	Housing (rent or mortgage)				\$2,210				\$2,210					
Living	Car insurance				\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Living	Gasoline & Parking		\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	
Living	Haircuts and Beauty care		\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	
Investing	Tuition, Fees, & Textbooks				\$4,500				\$4,500					
Entertainment	Subscriptions & memberships		\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	
Entertainment	Gifts, Birthdays, Christmas					\$25		\$25	\$200	\$25		\$25		
Entertainment	Vacations / trips / spring break											\$400		
Entertainment	Clothing (including shoes)		\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Entertainment	Eating Out		\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	
Entertainment	Coffee, Soda, Snacks		\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	
Entertainment	Fun (dates, games, hobbies, crafts)		\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	
	Total Outflow		\$549	\$596	\$8,759	\$696	\$649	\$674	\$8,981	\$674	\$649	\$1,096	\$649	\$0
	End of Month balance		\$4,838	\$6,600	\$2,450	\$2,862	\$3,100	\$3,313	-\$1,838	-\$1,625	-\$1,387	-\$1,374	-\$1,136	-\$1,136

 Utah State University			June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024	Apr 2024	May 2024
Single	Current funds:	\$3,500	\$3,500	\$4,838	\$6,600	\$6,060	\$5,947	\$5,660	\$5,348	\$3,282	\$2,970	\$2,683	\$2,171	\$1,884
Inflow	Job 1 hourly wage	\$14.00	\$1,886	\$2,358	\$1,886	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
	Job 2 hourly wage:	\$12.00	\$0	\$0	\$0	\$1,108	\$887	\$887	\$1,108	\$887	\$887	\$1,108	\$887	\$0
	Student Loans			\$2,722					\$2,722					
Category	Total Inflow		\$1,886	\$2,358	\$4,608	\$1,108	\$887	\$887	\$3,830	\$887	\$887	\$1,108	\$887	\$0
Giving	Charitable donations	Yes	\$189	\$236	\$189	\$111	\$89	\$89	\$111	\$89	\$89	\$111	\$89	\$0
Living	On campus Meal Plan													
Living	Groceries and Household Supplies				\$200	\$200	\$200	\$200	\$200	\$200	\$200	\$200	\$200	
Living	Housing (rent or mortgage)				\$425	\$425	\$425	\$425	\$425	\$425	\$425	\$425	\$425	
Living	Car insurance			\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Living	Gasoline & Parking		\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	
Living	Haircuts and Beauty care		\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	
Investing	Tuition, Fees, & Textbooks			\$4,500					\$4,500					
Entertainment	Subscriptions & memberships		\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	
Entertainment	Gifts, Birthdays, Christmas					\$25		\$25	\$200	\$25		\$25		
Entertainment	Vacations / trips / spring break											\$400		
Entertainment	Clothing (including shoes)		\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Entertainment	Eating Out		\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	
Entertainment	Coffee, Soda, Snacks		\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	
Entertainment	Fun (dates, games, hobbies, crafts)		\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	\$50	
	Total Outflow		\$549	\$596	\$5,149	\$1,221	\$1,174	\$1,199	\$5,896	\$1,199	\$1,174	\$1,621	\$1,174	\$0
	End of Month balance		\$4,838	\$6,600	\$6,060	\$5,947	\$5,660	\$5,348	\$3,282	\$2,970	\$2,683	\$2,171	\$1,884	\$1,884

 Utah State University			June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024	Apr 2024	May 2024
Single ▾	Current funds:	\$3,500	\$3,500	\$4,953	\$6,830	\$6,405	\$6,407	\$6,235	\$6,038	\$4,087	\$3,890	\$3,718	\$3,321	\$3,149
Inflow	Job 1 hourly wage	\$14.00	\$1,886	\$2,358	\$1,886	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
	Job 2 hourly wage:	\$12.00	\$0	\$0	\$0	\$1,108	\$887	\$887	\$1,108	\$887	\$887	\$1,108	\$887	\$0
	Student Loans			\$2,722					\$2,722					
Category	Total Inflow		\$1,886	\$2,358	\$4,608	\$1,108	\$887	\$887	\$3,830	\$887	\$887	\$1,108	\$887	\$0
Giving	Charitable donations Yes ▾		\$189	\$236	\$189	\$111	\$89	\$89	\$111	\$89	\$89	\$111	\$89	\$0
Living	On campus Meal Plan													
Living	Groceries and Household Supplies				\$200	\$200	\$200	\$200	\$200	\$200	\$200	\$200	\$200	
Living	Housing (rent or mortgage)				\$425	\$425	\$425	\$425	\$425	\$425	\$425	\$425	\$425	
Living	Car insurance			\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Living	Gasoline & Parking		\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	
Living	Haircuts and Beauty care		\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	
Investing	Tuition, Fees, & Textbooks			\$4,500					\$4,500					
Entertainment	Subscriptions & memberships		\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	
Entertainment	Gifts, Birthdays, Christmas					\$25		\$25	\$200	\$25		\$25		
Entertainment	Vacations / trips / spring break											\$400		
Entertainment	Clothing (including shoes)		\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	
Entertainment	Eating Out		\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	
Entertainment	Coffee, Soda, Snacks		\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	
Entertainment	Fun (dates, games, hobbies, crafts)		\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	
	Total Outflow		\$434	\$481	\$5,034	\$1,106	\$1,059	\$1,084	\$5,781	\$1,084	\$1,059	\$1,506	\$1,059	\$0
	End of Month balance		\$4,953	\$6,830	\$6,405	\$6,407	\$6,235	\$6,038	\$4,087	\$3,890	\$3,718	\$3,321	\$3,149	\$3,149

 Utah State University		June 2023	July 2023	Aug 2023	Sept 2023	Oct 2023	Nov 2023	Dec 2023	Jan 2024	Feb 2024	Mar 2024	Apr 2024	May 2024	
Single ▾	Current funds:	\$3,500	\$3,500	\$4,953	\$6,830	\$6,405	\$6,407	\$6,235	\$6,038	\$1,365	\$1,168	\$996	\$599	\$427
Inflow	Job 1 hourly wage	\$14.00	\$1,886	\$2,358	\$1,886	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
	Job 2 hourly wage:	\$12.00	\$0	\$0	\$0	\$1,108	\$887	\$887	\$1,108	\$887	\$887	\$1,108	\$887	\$0
	Student Loans			\$2,722										
Category	Total Inflow		\$1,886	\$2,358	\$4,608	\$1,108	\$887	\$887	\$1,108	\$887	\$887	\$1,108	\$887	\$0
Giving	Charitable donations Yes ▾		\$189	\$236	\$189	\$111	\$89	\$89	\$111	\$89	\$89	\$111	\$89	\$0
Living	On campus Meal Plan													
Living	Groceries and Household Supplies				\$200	\$200	\$200	\$200	\$200	\$200	\$200	\$200	\$200	
Living	Housing (rent or mortgage)				\$425	\$425	\$425	\$425	\$425	\$425	\$425	\$425	\$425	
Living	Car insurance			\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	\$100	
Living	Gasoline & Parking		\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	\$120	
Living	Haircuts and Beauty care		\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	\$20	
Investing	Tuition, Fees, & Textbooks			\$4,500				\$4,500						
Entertainment	Subscriptions & memberships		\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	\$5	
Entertainment	Gifts, Birthdays, Christmas					\$25		\$25	\$200	\$25		\$25		
Entertainment	Vacations / trips / spring break											\$400		
Entertainment	Clothing (including shoes)		\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	
Entertainment	Eating Out		\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	\$30	
Entertainment	Coffee, Soda, Snacks		\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	\$15	
Entertainment	Fun (dates, games, hobbies, crafts)		\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	\$40	
	Total Outflow		\$434	\$481	\$5,034	\$1,106	\$1,059	\$1,084	\$5,781	\$1,084	\$1,059	\$1,506	\$1,059	\$0
	End of Month balance		\$4,953	\$6,830	\$6,405	\$6,407	\$6,235	\$6,038	\$1,365	\$1,168	\$996	\$599	\$427	\$427

Next Steps: What You Can Do to Help Your Student

Meet with a Financial Coach *this summer* to create and implement a yearlong plan

- Daytime and evening availability. Parents are welcome to join.

Encourage students to complete Steps 1-3 each year, *starting today!*

- Complete the FAFSA
- Apply for Scholarships
- Meet with a Financial Coach

Contact us or schedule an appointment:

- TSC 106 - Downstairs in this building
- usu.edu/financial-support
- 435-797-0173

USU Police Department

Non-Emergency: (435) 797-1939
dps.usu.edu
1250 N 800 E



Where is the Police Dept?

USU Police
Department



1250 N 800 E
Logan, UT

USU Police
Department
435-797-1939

Building
shared with
USU Parking



USU Police Department

- State-certified police officers
- Operate 24/7
- 15 full-time sworn officers, 4 part-time
- 17 part-time security officers
- Enforce all traffic violations on campus
- Excellent working relationship with surrounding agencies
- Safety escorts around campus
- Monitor areas of concern



Emergency Services

- On-campus dispatch during weekday hours
- Switches to Logan Dispatch nights and weekends
- Police, Fire, & Ambulance
- Fast response times
- 29 Emergency phones throughout campus



Additional Services

- Vehicle jump-starts & lockouts
- Let-in rooms or office
- Safety escorts 24 hrs
- Bicycle registration
- RX drug drop-off
- Fingerprinting
- Crime Prevention Programs
- Drugs and Alcohol Awareness
- Sexual Violence Prevention
- Theft Prevention
- R.A.D. (Rape Aggression Defense)
- Disaster preparedness
- Fire Safety
- Community police booths

**What Types of
Crimes Occur
on the USU
Campus?**

**Most Are
Crimes of
Opportunity...**

Theft

Most thefts occur because property is left unattended or doors are left unlocked.

2022:

32 theft/burglary
139 lost property
270 found property

Document:

- Make
- Model
- Serial number
- Mark it in some way

Assaults:

2022:

5 assaults

2 aggravated assaults

2021:

2 assaults

0 aggravated assaults

2020:

1 assault

0 aggravated assaults

2019:

1 assault

0 aggravated assaults

Sexual Violence:

2022:

3 rapes

6 sexual assaults

2021:

5 rapes

8 sexual assaults

2020:

2 rapes

4 sexual assaults

2019:

1 rape

14 sexual assaults

**Start by
Believing**



Sexual Violence:

Students are at an increased risk for sexual violence during the first few months of their first and second semesters in college.

Shame/guilt is the #1 reason students don't disclose. *

Sexual violence committed by someone you know. *



90%

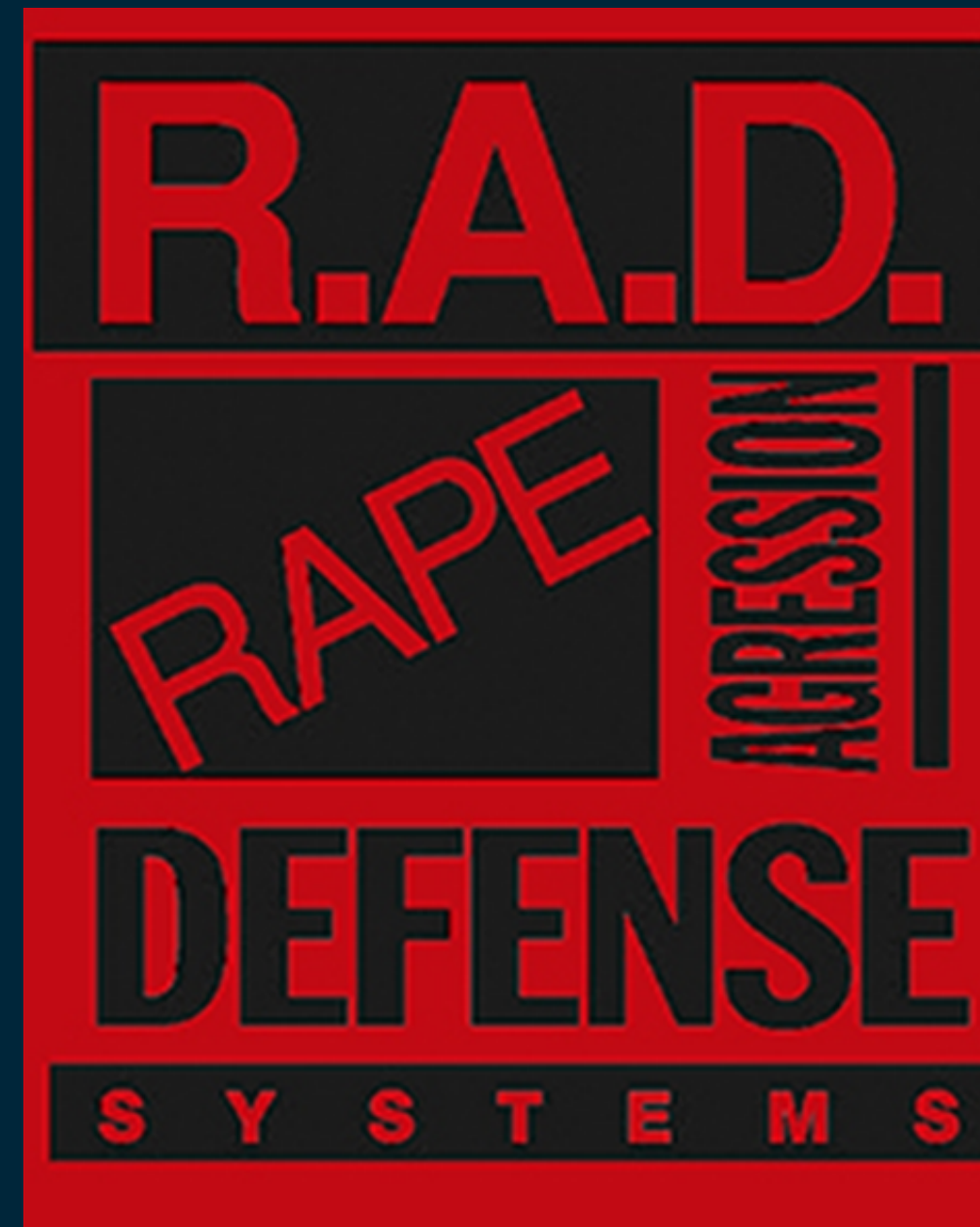


95%

College cases go unreported to law enforcement. **

*USU 2021 Campus Climate Survey
**rainn.org

Rape Aggression Defense (RAD) Classes



Drugs & Alcohol

USU is a dry campus. *Alcohol is prohibited* regardless of age.

MIP:

- Suspended driver's license
- Average \$590 fine
- Mandatory alcohol counseling
- Possible jail time

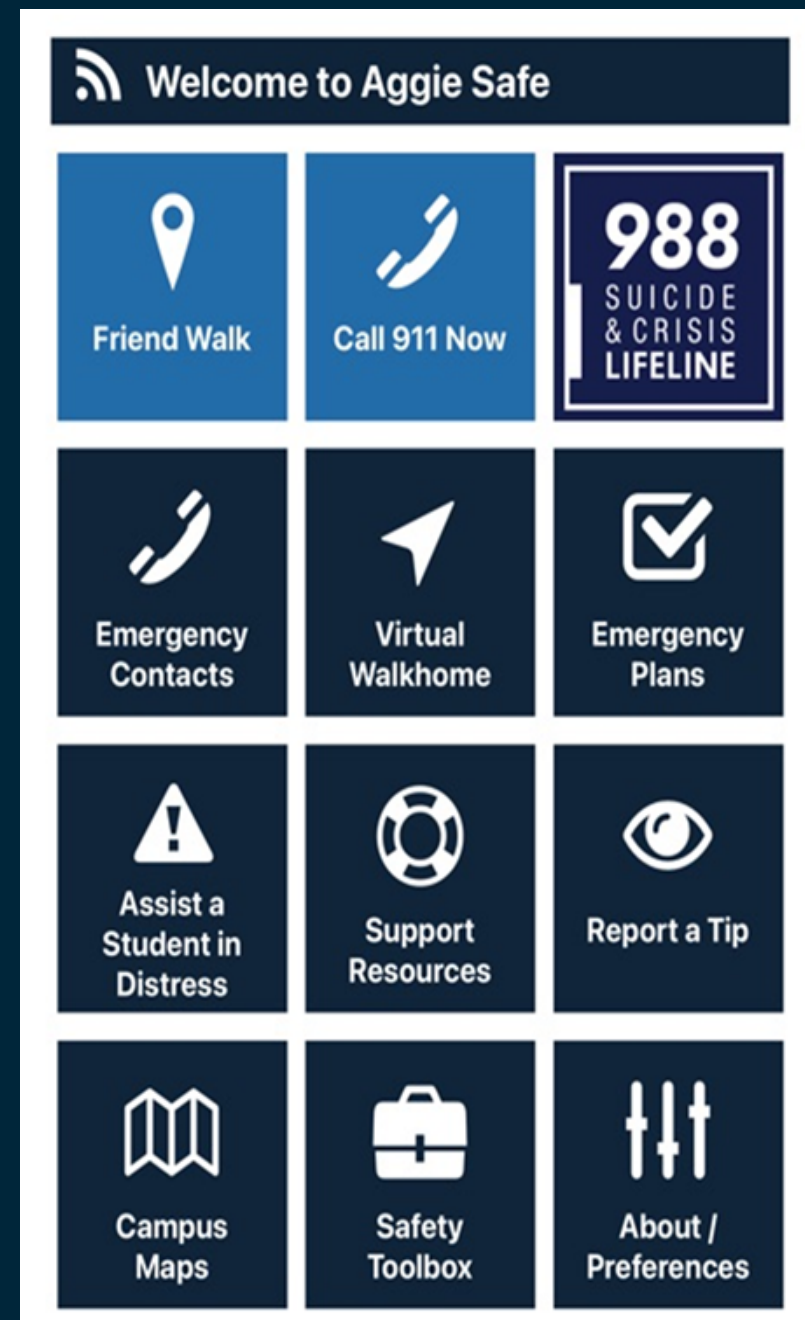
Fraud & Scams

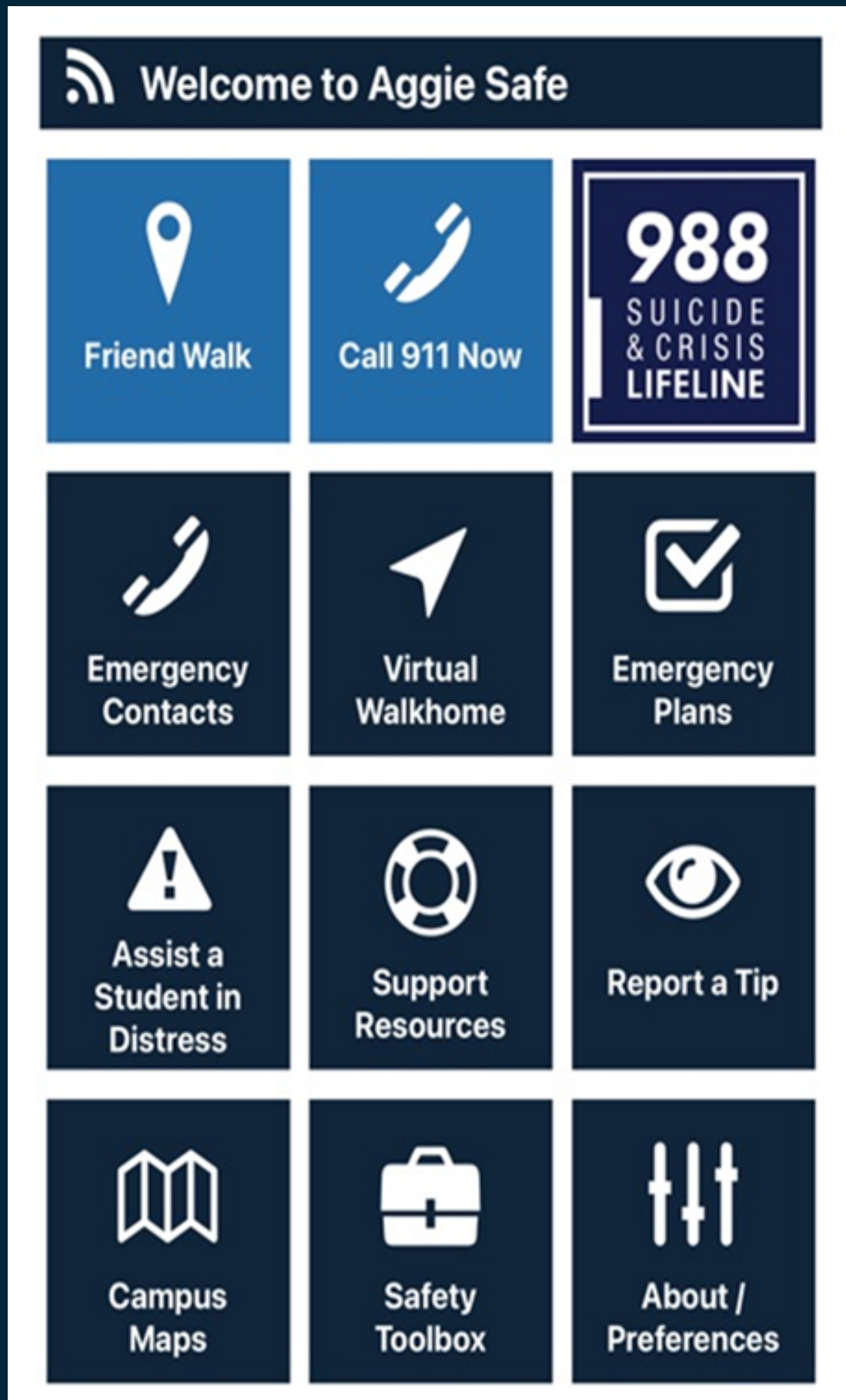
- Online sales
- Online job applications
- Email spoofs
- Online vehicle purchase
- Online romance scams
- IRS
- Phone phishing
- Identity theft

If it seems too good to be true, it likely is.

App & Website Safety Support

usu.edu/emergency

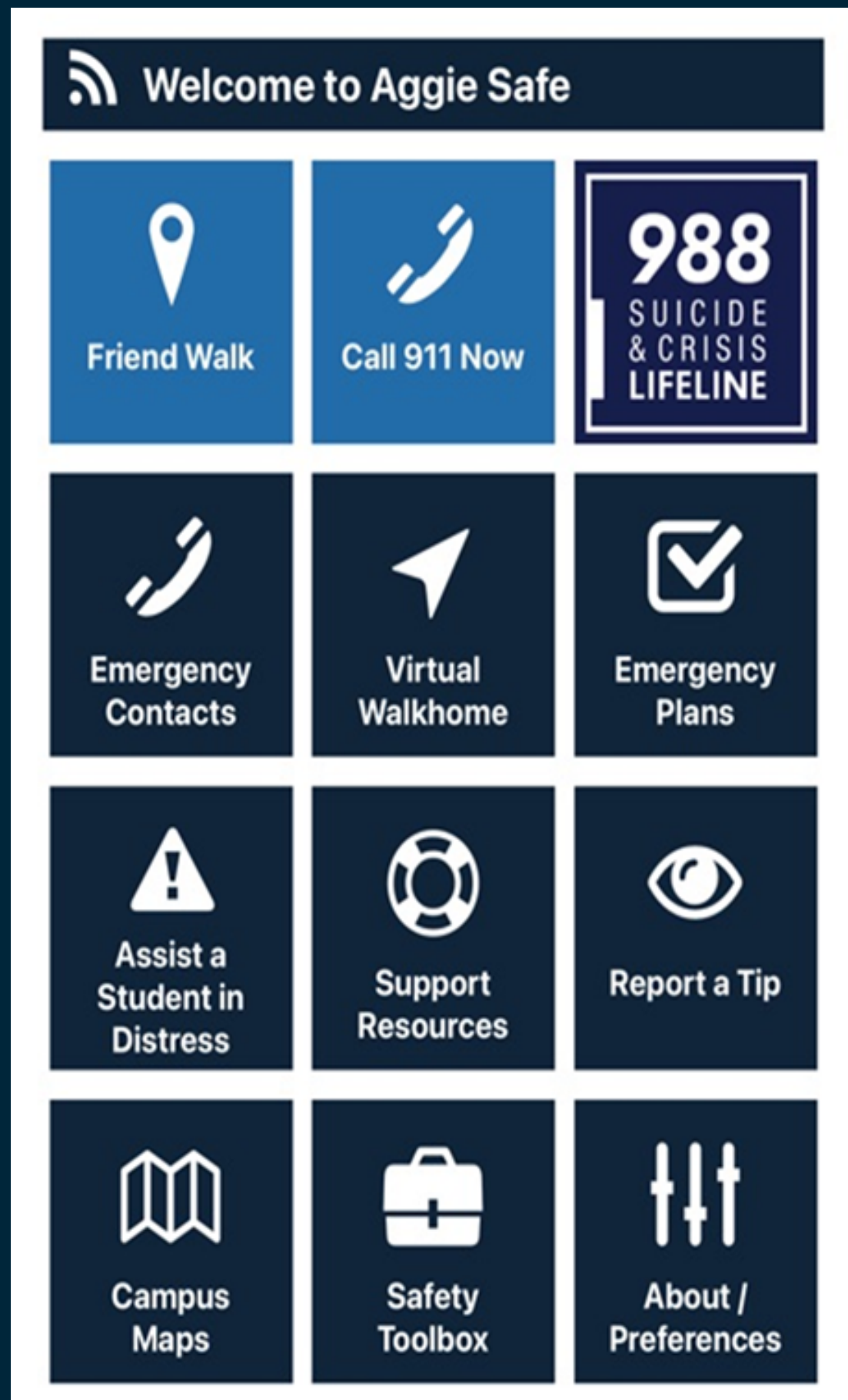




Friend Walk



Allows you to choose any of your contacts. They receive a link by text and can monitor you until you reach your destination and finalize your trip.



Assist a Student in Distress



USU has a Behavior Intervention Team (BIT) to help support those students that are showing indications that they are under distress and may need some assistance and or resources to assist them. Reports may be filled out anonymously.

USU Police Department

usupolice@gmail.com
Office: 435-797-1939
dps.usu.edu



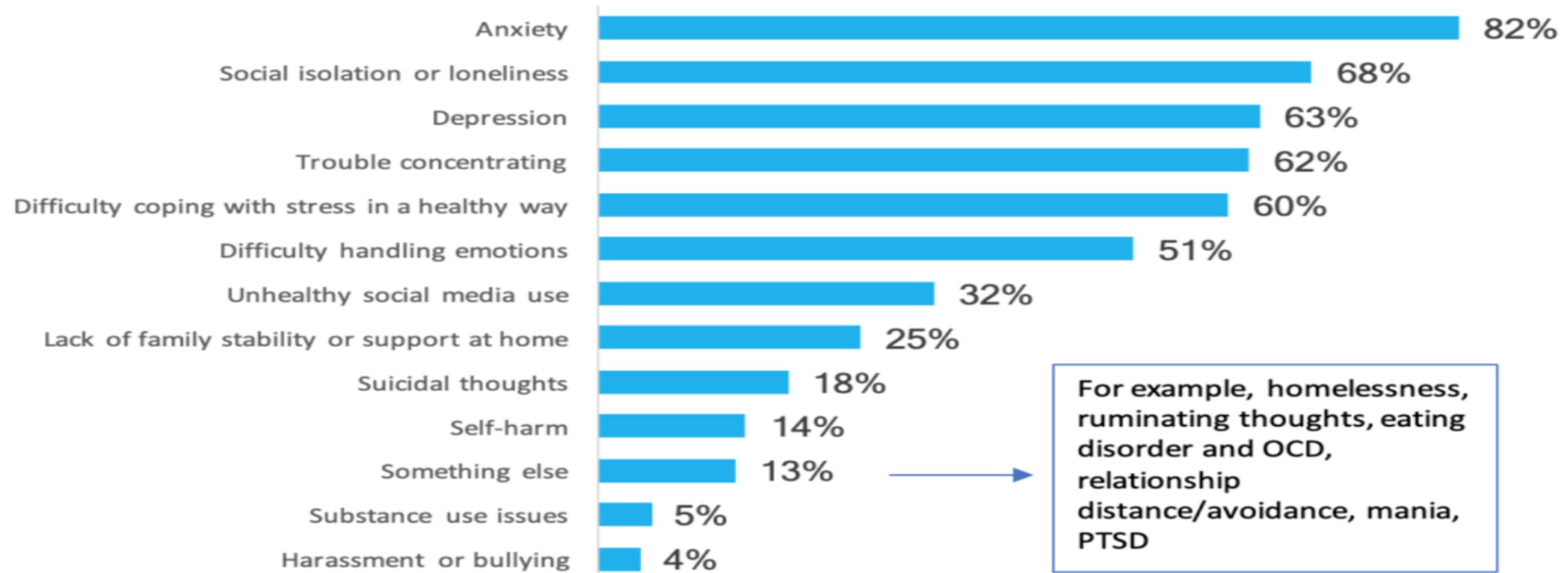
Counseling and Psychological Services (CAPS)

Eri Bentley, Ph.D.
Director, Licensed Psychologist



College Students Mental Health Difficulties - 2020

Chart 3: Which of the following mental or emotional health challenges have you experienced in the past month?



Scope of Practice

Stepped care approach:

- Consultations
- Crisis management
- Self-guided resources
- Workshops
- Individual and group therapy
- Case management

Brief model:

- Up to 8 sessions per academic year (for individual therapy)
- Bi-weekly sessions



Eligibility and Cost

Individual and group therapy:

- 9 credits for Fall and Spring = free

Workshops, case management, single-session therapy, and crisis service:

- No minimum credit requirement = free

Psychoeducational assessment:

- Non minimum credit requirement
- \$200-\$300
- Contact the Disability Resource Center

When to Seek Community Providers:

- Already in therapy
- Experiencing persistent or chronic conditions
- Wanting weekly and/or long-term ongoing care
- Seeking a very specific type of treatment or therapist
- Experiencing concerns that require a high level of care

Thriving Campus:

- Online therapist directory for USU students

CAPS Case Management:

- Assistance for finding a good fit
- Warm hand off
- Follow-up care

How to Access CAPS Services

Steps for starting services:

1. Call, email, or come to the office
2. Complete the initial paperwork online
3. Triaged for crisis or other types of initial appointments
 - a. If interested in ongoing services → request consultation
 - b. If interested in community referral → request case management
 - c. If interested in one-time meeting → single-session therapy

Wait time for non-crisis appointment = 1-2 weeks

If You Are Concerned About Your Student:

- Encourage them to connect with CAPS
- File a Student of Concern Report to alert the CARE team
- Contact CAPS for a "heads up":
 - Only a student themselves can make an appointment
 - Confidentiality requirement prohibits CAPS from sharing any information with parents

Additional Mental Health Resources:

- **Behavioral Health Clinic Sorenson Center for Clinical Excellence:**
 - Psychology service
 - Marriage and family therapy services
 - Services offered per sliding fee scale (Lowest rung is \$16 per 1 hour session)
- **Student Health & Wellness Services**
 - Brief mental health therapy (30 minutes)
 - Provided by graduate students in Marriage and Family Therapy program
 - Free of charge
- **Virtual Mental Health Resources:**
 - Trula campus peer wellness coaching
 - ACT guide - Virtual self-help
 - JED Foundation mental health resource center

University Libraries

pg. 34-35

Katie Strand
First-Year Experience Librarian



How Can the Library Help Your Student Save Money?



Textbooks



Technology



Free Fun

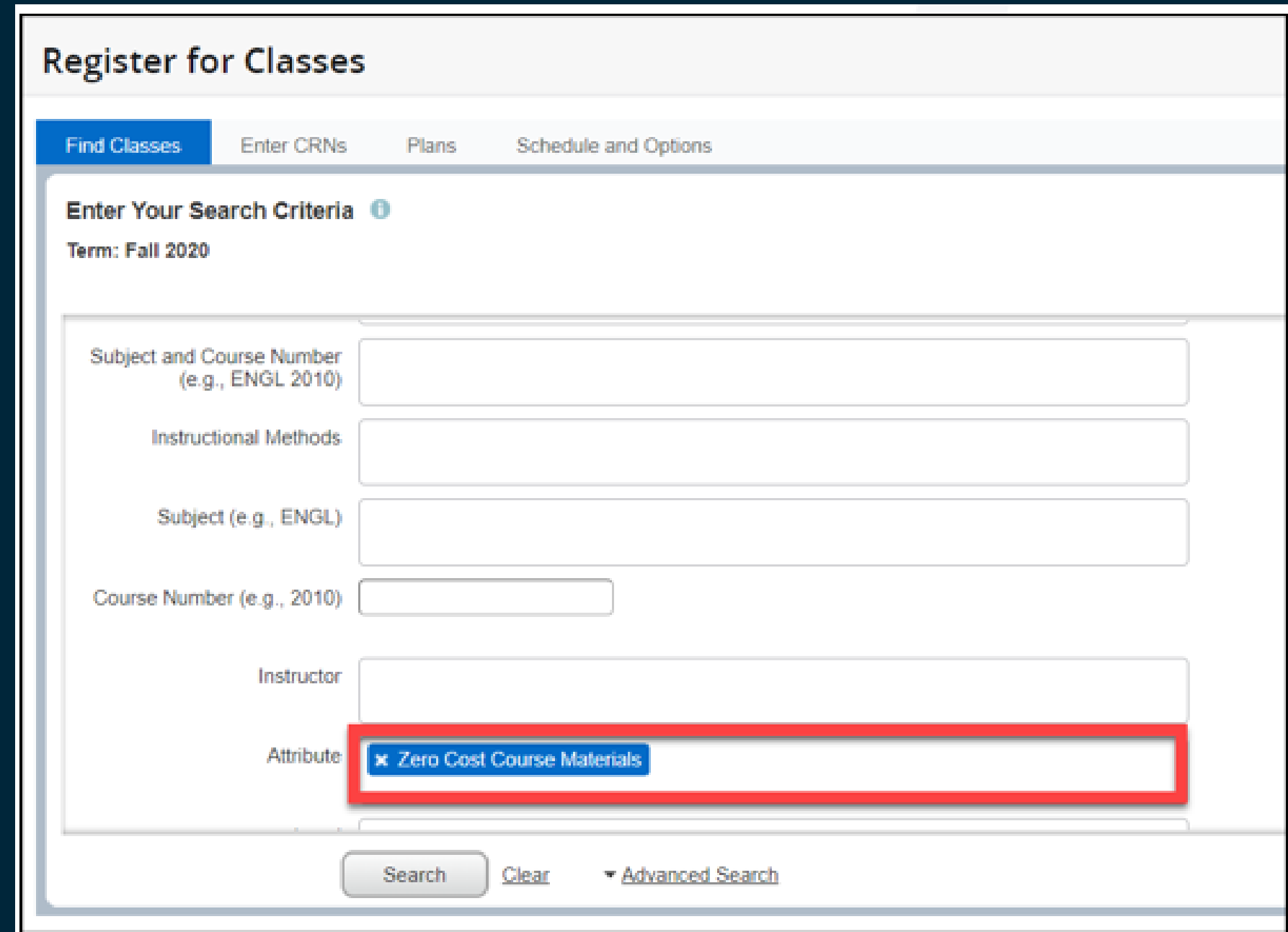
Textbook Savings

Open Educational Resources (OER):

- Freely available course materials
- No textbook costs
- Has saved students \$2,421,888 since 2014

Course Reserves:

- Select textbooks available for students to checkout
- 3-hour checkout times
- Located on the 2nd floor of the Merrill-Cazier Library



Register for Classes

Find Classes | Enter CRNs | Plans | Schedule and Options

Enter Your Search Criteria ⓘ

Term: Fall 2020

Subject and Course Number (e.g., ENGL 2010)

Instructional Methods

Subject (e.g., ENGL)

Course Number (e.g., 2010)

Instructor

Attribute: Zero Cost Course Materials

Search Clear Advanced Search

Free Access to Technology & Fun

- 3D printers
- 3D scanners
- One-button recording studio
- Scanners
- Printers
- Virtual reality lab
- Technology checkouts
 - Laptops
 - Graphic calculators
 - Webcams
 - iPads
 - Headphones



Yes, We Also Have Books!



How Can the Library Help Your Student Academically?

One-on-One Research Help

Subject Librarians aka Research Experts

- Information Desk
- Chat service
- Research consultations
- Online tutorials



Space to Focus & Collaborate

- 37 dedicated group study rooms available exclusively to USU students
- Equipped with whiteboards, computers, and large monitors
- Therapy lights designed to help students get the light they need during the winter months
- A family study room



Access to Information

- Over 60,000 online journals
- Nearly 2 million print books and journals
- 7,600,000 eBooks
- 480,000 government publications
- USU Libraries' Special Collections and Archives

If we don't own it, we will get it! Your USU students should never pay for the information they need to complete assignments.

**How Can the Library
Provide Your
Student with Social
Opportunities?**

Library Events

Welcome
"After Hours"
Party

Year-Round
Events

Finals Stress
Relief

Follow us @USULibraries on Facebook,
Twitter, and Instagram

Dining Services

435-797-1701

dining@usu.edu





Alan Andersen

435-797-1701

alan.andersen@usu.edu

usu.edu/dining

TSC 212



What Parents Should Know

Food insecurity comes in many forms.

For a student, knowing that they have a healthy, viable option can relieve a lot of stress in their life

Eating is social.

Part of transitioning to college life and beyond is learning social skills and making connections.

Time is one of the best gifts for college students.

Time saved from shopping, cooking, and cleaning can be spent on things like getting involved and studying.

Follow us.

Find us at @utahstatedining to see what your student is experiencing.



Housing Meal Plans

Unlimited Meal Plan:

- Eat as many times as you like in our 2 dining hall locations
- Great for busy students
- Come and go as you please
- Discover our other 15 locations across campus and use your Dining Dollars
- \$100 Dining Dollars each semester

110 Semester Plan:

- Use your 110 swipes in our 2 dining hall locations throughout the semester
- Averages approximately 6 meals per week
- Discover our other 15 locations across campus and use your Dining Dollars
- \$200 Dining Dollars each semester

Saving Money on Campus

Alternative Meal Plans

Block Meal Plans

- Choose between 25, 50, or 75 meal swipes
- Never expires
- Save up to 32% compared to cash prices at The Marketplace and The Junction

Aggie Express

- Aggie Express works like a pre-paid debit card right from your USU ID card
- Add money online, at the USU Card Office, or at kiosks across
- Receive 10% discount when used at any dining locations

New Student Special

*Get Free Aggie Express with purchase of
a Block Meal Plan*

25 meals	+\$10 Aggie Express	\$262.50
50 meals	+\$25 Aggie Express	\$500
75 meals	+\$50 Aggie Express	\$712.50

Largest Employer On-Campus

- Approximately 400 student employees
- We work with school schedules and support your student's education (we understand that school comes first)
- Grow with Dining - we offer leadership opportunities, great experiences, and lifelong friendships
- Employees get a free meal with every shift
- Jobs posted on Aggie Handshake

Email resume and availability to diningjobs@usu.edu or visit us at the booth right after this!



Thank you for
joining us!



Top 5 Takeaways

- Encourage your students to stay in Logan
- Set expectations early and talk about communication
- Utilize on campus resources
- Be an advocate for your student
- Let them THRIVE!

Stay Connected



Aggie Parent & Family Network:
usu.edu/parents

Instagram: @usuatteam

Aggie Parent and Family
Podcast

Sierra Law
435-797-7557
sierra.law@usu.edu

Thank You!

*Student Orientation &
Transition Services*

Taggart Student
Center, Rm 105
0122 Old Main Hill
Logan, UT 84321

435-797-0283
orientation@usu.edu
Instagram: @usuateam
usu.edu/orientation

